

QUARTERLY SYSTEM

For the academies that provide the degree graduation every three months, the IBJJF suggests three white degrees for each belt. The fourth degree will be graduating the athlete to the next belt color according to the images below.

		4	5	6	7	8	9	10	11	12	13	14	15
WHITE													
GREY GROUP	Grey / White												
	Grey												
	Grey / Black												
YELLOW GROUP	Yellow / White												
	Yellow												
	Yellow / Black												
ORANGE GROUP	Orange / White												
	Orange												
	Orange / Black												
GREEN GROUP	Green / White												
	Green												
	Green / Black												

1st, 2nd, 3rd MONTHS



4th, 5th, 6th MONTHS



7th, 8th, 9th MONTHS



10th, 11th, 12th MONTHS



TOTAL: 1 YEAR

GENERAL SYSTEM OF GRADUATION

Degree system suggestion for practitioners between 4 to 15 years old



IBJJF

INTERNATIONAL BRAZILIAN JIU-JITSU FEDERATION

DEGREE SYSTEM FOR THE WHITE BELT AND THE GREY/WHITE BELT

The IBJJF suggests that instructor promote one degree per month for White belts and Grey/White belts until the period of one year is complete.

1st MONTH



2nd MONTH



3rd MONTH



4th MONTH



5th MONTH



6th MONTH



WHITE BELT / TOTAL: 6 MONTHS

1st MONTH



2nd MONTH



3rd MONTH



4th MONTH



5th MONTH



6th MONTH



GREY / WHITE BELT / TOTAL: 6 MONTHS

GENERAL SYSTEM OF GRADUATION

Degree system suggestion for practitioners between 4 to 15 years old



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